

convenience
& comfort



LLH Maternity Support programs

A Caring hand for expectant mothers, provide resources and support to help throughout their pregnancies and to assist them get the most out of their benefits before, during and after delivery.

LLH Maternity Support program offers educational resources and personalized tools designed to help expectant mothers make more informed decisions, promote dialogue with care providers and manage their pregnancy more effectively.



A Comprehensive package throughout the beautiful journey



Maternal Education Classes

We will provide you with essential information on our monthly group online classes and one-to-one private sessions.

Including

- Your pregnancy; Trimesters & how to cope with symptoms
- The importance of regular clinical check-ups
- Recognizing warning signs and ways to respond
- What to expect during delivery?
- Postpartum and infant care



Dietician Support for a healthy pregnancy

Gaining a lot of weight quickly? Confused about what to eat and what to not eat during pregnancy. A healthy diet during pregnancy helps prevent cardiovascular disease, hypertension, and diabetes later in your Baby's life.

As a part of this program, you will have visits with our dietitian to discuss all your concerns and get an individual healthy diet plan.



Fitness Support during pregnancy?

Of course, exercise during pregnancy depends largely on what your fitness level is, which trimester you're in, and how you're feeling, our expert Physiotherapist will provide you with essential information on our monthly group online classes.



Birth planning

A birth plan is a plan that communicates your wishes and goals before, during, and after labor and delivery.

Our expert Health Educators will help to design your birthing plan and listing all your preferences and work with your doctor and our labor team to include them during your delivery.



Postnatal support

Question & Worries, if you are first time mothers – will be providing a hotline for post-delivery support round the clock or we can provide an exclusive number for expert nurses advice.



Lactation support

LLH Hospital experts will support you to feed your baby during or visit us and consult our medical team who will be able to assist you.

Birth Companion Services – A Midwifery assistance

LLH Maternity Support program offers Birth companion services to mothers, and Our main goal is to assist mothers to manage the discomforts of labor by providing emotional and physical comfort.

A birth companion or a "doula" is a specially trained birth assistant who provides continuous care for you and your partner while you are in labor. The Doulas also provide prenatal education at our complimentary weekly online group sessions, and if you wish to have a doula during your delivery, there are different affordable packages. You are also welcome to invite your birth companion "Doula" of your choice to assist you during your delivery, or we can recommend to you one of our approved doulas.

Flexible Payment Plans for Non Insurance Patients

Exclusive package for the non-insurance patients from the 3rd month. LLH Maternity support program will be enrolled with banks to provide a flexible installment payment schemes.

Advantages of birthing at LLH

- It's the safest option. If you're at high risk, it's a safe childbirth environment for you and your baby. Our experts have vast experience in high-risk pregnancy and can handle unforeseen complications arises during labor.
- You have easy access to pain relief. Our Anesthesiologists are always available to provide pain relief medications as you request, including epidurals.
- Our Family-friendly labor and delivery Ward will allow you to relax during your delivery & have the best possible experience

for appointment

800 55

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